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FEATURES OF THE PSYCHO-SOCIAL COMPONENT IN ADOLESCENTS WITH DEVIANT BEHAVIOR AND ITS EFFECT ON THE CONSUMPTION OF PSYCHOACTIVE SUBSTANCES

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Abstract: Adolescence and adolescence are the most difficult stages in the development of each individual, which is associated with the psycho-emotional characteristics of puberty. At this time, a system of priorities and life values of a person, the final formation of personality, is built. At this stage of development, a cognitive-experimental model of behavior prevails among people, which creates the necessary conditions for self-identification and identification of one's place in society, starting to use psychoactive substances to avoid problems, avoid problems. Based on this, in adulthood, people develop deviant behavioral characteristics, which contribute to the formation of mental and behavioral disorders in the future.
Key words: Adolescence, psycho-emotional characteristics, society, deviant behavior.

Introduction. Pleasure is a subjective feeling that all people strive to accept. According to subjective feelings, it is long, less emotionally colored and has a fast, momentary, sharper and richer emotional range, but can have short-term effects [1-7].

In the first case, the approach to pleasure is based on the desire to solve problems and achieve an important life goal, but at the same time it is necessary to constantly work on yourself, perform the necessary actions and live with improvement. The advantage is that it benefits the person himself, does not prevent the formation of his life and has a long-term positive color emotional impact [8-14].

In the second case, the feeling of pleasure is imaginary, creating a short-term positive colored emotional effect, and then turning into negative consequences for the health and social interactions of the user, but often acting as a choice, acting as a faster way to obtain it. pleasure, self-correction and the formation of a model of infringing behavior. In this case, instead of solving the problem, a lighter protective reaction to stress - avoidance and withdrawal - comes to the fore [15-21].

Choosing a certain way to get pleasure and a form of protective reaction against stress mediates the emergence and strengthening of the corresponding model of behavior: active, developing and deviant, deviant [22-27].

One of the necessary conditions for addiction considered within these age limits is a violation of the need-motivational sphere, which is associated with the search for an optimal way to solve a certain disappointment. The feeling of confusion, the feeling of fear of reality and the need to solve one's own problems make a person look for a form of "escape from reality", which is available to the individual [28-35]. Then psychoactive substances "help"a person to artificially change his mental state and the surrounding reality, the perception of all problems and difficulties. Psychological preparation for the use of psychoactive substances in the age range under consideration is largely due to the inability to adequately perceive situations (reading, relationships with parents, friends, loved ones) associated with the need to overcome difficulties

in life [36-43]. As negative information grows, psychological protection is less and less effective, which allows a young person to perceive a temporary imaginary-at a positive level, objectively unfavorable situation. In the event of its inefficiency or insufficient formation, the risk of neurotic disorder, a person instinctively seeks a way out and often finds it in an external environment. The use of psychoactive substances also applies to external methods of protection against traumatic situations [44-49].

Of course, the possible reasons for starting smoking are that the consumption of alcohol or drugs in this age range does not always coincide. But it remains clear that they are directly related to the nature of interpersonal relationships [50-56]. As a result of the daily interaction of a person with the outside world, certain strategies are formed in him - methods of behavior that are optimal for an individual in a given situation [43-51]. Depending on the forms of reaction to the applied stress and methods of overcoming difficult life situations, a young person can form and combine different models of behavior, both constructive and deviant, disruptive [57-63].

It is in adulthood that it is important to help young people understand the peculiarities of deviant behavior and make an alternative choice in the right direction of their life [63-66].

This study forms relevance in the development of timely primary and secondary preventive work of a doctor, psychologist and social worker [67-75].

The purpose of the study: Study of the properties of the psychosocial component and its effect on the consumption of psychoactive substances in adolescents with Deviant behavior.

Materials and methods: The study selected 387 adolescents with deviant behavior, of which girls-231, boys - 156. The age range for girls is from 12 to 20 years old, for boys - from 13 to 21 years old.

The criteria for inclusion were the presence of deviant delinquent forms of behavior, the use of psychophaolic substances, psychophaolic substance dependence syndrome, and the absence of clinical diagnostic data on adolescence and adolescence.

Zung Depression Scale, Spielberg Hanin's anxiety inventory. Psychodiagnostics was carried out in two stages: at the beginning of training and at its conclusion. The curriculum includes 5 classes. On average, one lesson is designed for 1.5 - 2 hours once a week. The total cycle is 5 weeks. In training, identify topics of discussion related to group acquaintance, formation of deviant behavior and the use of psychoactive substances; interactive games that relieve tension in communication-"Icebreakers" (icebreakers); Psychodiagnostic tests, conclusions or feedback from participants with the formation of useful collective conclusions extended by socio - psychological homework to strengthen the acquired skills. The peculiarity of this program is that the main role is given to an informal, unobstructed format of Information Presentation. In many programs carried out on the primary and secondary prevention of deviant behavior as a result of the consumption of psychoactive substances with young people, the specialist emphasizes formalized communication.

Formal communication in its structure is subject to certain norms, rules, descriptions of positions and is subject to the established roles at the beginning of the conversation, to the solution of specific tasks facing the specialist. This type of communication creates certain boundaries and barriers between the young audience and the speaker. An important socio-psychological aspect that is important in this age range is missed - equal communication.

Results and discussions. During the training, there was a decrease in anxiety levels in 267 (87.8 percent) out of 304 participants with a higher level of personal anxiety, and in 342 (98.0 percent) out of 365 participants with a higher level of situational anxiety. High levels of depression symptoms (Zung Depression Scale) were initially identified in 276 participants in the training, but a decrease in this symptomatology was observed in 235 people (85.5%) (P = 0.001) at the end of the program. During the survey, it was found that the general physical and mental condition of all regulars of the training improved. Also, according to a survey of social workers and teachers 6 months after the training program, most of the participants formed a refusal to consume psychoactive substances and developed a more active life position.

The impact of the socio-psychological component is achieved by introducing into the curriculum a system of knowledge about the personal and behavioral characteristics of individuals in the age range under consideration, about the reasons for the consumption of psychoactive substances. The program includes practical ways to effectively cooperate with young people: the ice cream method, aspects of informal education, and the feedback method, in which participants can feel more free and open to the process itself. the usual formalized way of presenting information through lectures.

Conclusion: The approach based on the development of a person's internal resources is based on taking into account the fact that dependence on psychoactive substances often arises in young people who have low self-esteem, weak decision-making skills, who have difficulty identifying and expressing emotions. lack of adequate response to stress. Difficulties in understanding the consequences of life associated with direct selection and choosing ways to enjoy.

This training can be used as a program for the primary prevention of deviant / infringing behavior between adolescents and young people in combination with other types of socio-psychological activity.

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