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Thyroid diseases and them treatment and prevention get

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Annotation : Fetus formation and in development and healthy - alive to the world on arrival internal secretion glands activity important important have _ Unfortunately , now endocrine diseases (internal secretion glands diseases) wide spread out and of pregnancy passing away to the process most of the time negative effect shows .

Key words : Thyroid gland, diseases , treatment , prevention .

Endocrine of diseases quite a bit part thyroid gland diseases organize so , in this basically iodine deficiency leader place holds _ Iodine deficiency medium and heavy has been in regions (our country is like this regions to the line enters) from the norm less amount iodine consumption to be done pregnant in women enlargement of the thyroid gland and don't spread non-poisonous bully development take will comeDiseases of the thyroid gland fetus development effect

Fetus thyroid diaper activity absolute from mother in the stomach to the child passable iodine to the amount depend _ Pregnant mother to the organism enough amount iodine not falling fetus in the body iodine shortage to the body brings _ And this later in the fetus bully appear to be take will come In the fetus and in the neonatal period hypothyroidism surface coming because of the born child is intellectual and physical in terms of defective (endemic cretinism) . can _

Don't spread non-poisonous of the bull prevention get for

Iodine deficiency there is in the regions don't spread non-poisonous of the bull prevention get and treatment for one 150-200 mcg at night at the expense of iodine acceptance to do recommendation will be done . That is , every day one " Yodomarin -200" or " Yodbalans-200" tablets acceptance to do is ordered .

These drugs usually of the bull increase stops , some cases him makes it smaller . A woman pregnant for now until in it big bully if observed and of pregnancy initial periods bully fast getting bigger if remember thyroid hormones _ with together acceptance to do to the goal is appropriate . Of this 50-100 μg of L - thyroxine per day acceptance to do with together with "Iodomarin-200" or "Yodbalans-200" drugs one from the pill apply recommendation will be done . This is the treatment pregnant in a woman thyroid get rid of normative activities to restore possibility gives _

Don't spread poisonous bully

In diseases of the thyroid gland , its activity violation of glandular hormones from the norm more than (hyperthyroidism) or low (hypothyroidism) production output with is expressed . Substance of exchange hyperthyroidism status with passing diseases between don't spread poisonous bully meeting stands _

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Don't spread poisonous bully of thyroid hormones from the norm excess work release and thyroid get rid of size is also the same in the plane increase with passing is a disease . Pedigree factors and autoimmune processes of the disease come at the exit participation is enough Illness mostly 20-50 years old in women occurs . Physical and spiritual stress is also a disease come true to exit conditions gives birth

Don't spread poisonous bully of the disease main signs

Of the disease main symptoms (of the patient lose weight _ loss , mental restlessness , calmness loss , nervousness , heart always fast beat , skin wet and Hot to be , forward stretched out hand on his fingers small tremors observation , eye socka bitten position - exophthalmos) is clear manifestation has been cases poisonous bully diagnosis to put difficulty does not give birth .

If the disease signs slow surface came out If so , the diagnosis to put difficulty can _ Illness that there is confirmation for thyroid hormones - free _ thyroxine (er T4) and free three of iodothyronine (ter T3). and thyrotropin (TTG) hormone quantity is determined . Don't spread poisonous in the bull of hormones (er T3, er T4). quantity from the norm more than TTG quantity while decreased will be

Pregnant in women thyroid get rid of hormonal activities in determining a lot occurring of cases one common thyroxine (um T4) and common three of iodothyronine (um T3) in the blood the amount is to determine .

Pregnant Women in his blood proteins thyroid hormones _ with connection feature increase pregnant a woman the amount of um T3 and um T4 in the blood increases . But thyroid hormones _ proteins with connected forms hormonal effect did not show for their common quantity increase pregnant in women thyrotoxicosis that there is basis it won't be . Of this for of thyroid hormones impressive forms (ie husband T3 and land T4) of the amount increased to be need _

Infertility is also observed possible

Poisonous of the bull light and average type played of women about 3 percent pregnant to be can _ Illness heavy when it's late infertility observed . Substance in exchange hyperthyroidism played of women pregnant to be difficult will pass and more pregnancy during poisonous bully occurs .

Don't spread poisonous bully good if not treated of pregnancy the passing of aggravating , especially pregnancy to the process negative effect shows , especially early toxicosis heavy will pass , the child will fall or early birth probability increases , thyrotoxicosis crisis danger increases . In the fetus and born in the baby of development born defects (hydro - and microcephaly , hypospadias , cryptorchidism , navel chow hernia , soft palate defect , Down disease) occurs to give can

Hormones shortage if ...

Thyroid hormones _ lack of as a result hypothyroidism disease to the body will come of hypothyroidism most (90-95%) part primary hypothyroidism organize does and thyroiditis , thyroid gland resection , radioactive iodine with treatment , tumor and others to this reason will be In hypothyroidism pregnancy less occurs because _ of thyroid hormones deficiency descent to give and to multiply responsible internal of members to the activity negative effect shows . Primordial follicles in the ovaries maturity slows down , ovulation process breaks down , the yellow body develops subsides .

Remember waning , surrounding to events of interest decrease , weakness , skin dry and hungry yellow in color to be , body weight increase , hundred and the eye of the eyelids swelling of the tongue enlargement of speech uncertain to be , menstruation of order from the trail output of hypothyroidism main are signs . Pregnant in women primary hypothyroidism most of the time chronic autoimmune thyroiditis or diffuse toxic bully and another different bulls surgery the way with take from being thrown after surface will come

Autoimmun thyroids

Chronic autoimmune in thyroiditis observable hypothyroidism usually from pregnancy first is determined . But autoimmune of thyroiditis Beginning some cases pregnancy to the period right will come Autoimmune thyroiditis of pregnancy early periods determination for in thyroid function breakdown presence doubt done pregnant Women in his blood autoimmune corpuscles determination recommendation will be done . Hypothyroidism diagnosis confirmation for blood serum TTG, T3 and the amount of free T4 is determined . Primary of TTG in hypothyroidism blood in serum the amount it increases from the norm (1-3 μg /l) , T4 and T3 are low will be

Pregnancy and hypothyroidism

Hypothyroidism played in women pregnancy heavy will pass Them of pregnancy toxicosis , anemia , miscarriage cases a lot occurs . Also childbirth _ of their actions slow be , blood leave probability increases . Hypothyroidism fetus in the structure negative effect showing , often his brain _ and skeleton in development pathological changes face to give reason will be A woman hypothyroidism played period good without treatment pregnant if so , look , dumb , later mental development behind stay short minded , skeleton in development born defects there is children birth probability increases

Hypothyroidism treatment not enough thyroid hormones _ from outside giving stand up through done is increased . To the patient per day one times , in the morning 25 μg thyroxine acceptance to do is ordered . Thyroxine amount every week rise of the disease lightness looking one 150-200 mcg at night to delivered . Pregnancy until the end thyroxine that's it amount giving stands up A woman eye from the light after his to the situation looking thyroxine the amount (dose) is changed . Thyroxine with treatment of women breastfeeding continued during the period will be delivered

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