THE STATE OF CHILDREN'S SPORTS IN NAVOI REGION

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Abstract: This article discusses decisions, facts and future plans regarding the development of children's sports in Navoi region.
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INTRODUCTION

Education of mature generation is one of the important factors of prosperity and development of any country, including Uzbekistan. In this process, children's sports, which are an integral part of the education system of our country, have a special place.

Decrees of President Islam Karimov "On establishing the Children's Sports Development Fund of Uzbekistan" adopted on October 24, 2002 and "On measures to improve the activities of the Children's Sports Development Fund of Uzbekistan" signed on August 29, 2004 serves the rapid development of children's sports in the regions. In our country, due to the creation of the appropriate regulatory and legal framework in this regard, comprehensive measures are being implemented for the development of sports. An effective system for training athletes and encouraging the work of coaches has been established, the material and technical base of educational institutions specializing in extracurricular sports has been strengthened at the level of modern requirements.

RESULTS AND DISCUSSION

This is also evident in the case of Navoi region. That is, due to the opportunities created, in 2010 the number of girls engaged in rhythmic gymnastics was 625, and this year this figure has exceeded 4435 thousand. Clubs organized in 145 gymnasiums, lyceums and colleges, secondary schools and pre-school educational institutions operating in the region are evidence of growing interest in the elegant sport. Hundreds of girls from Olis Tomdi, Uchkuduq, Konimekh and Kyziltepa districts also got acquainted with rhythmic gymnastics. Today, the traditions of rhythmic gymnastics have a solid foundation in our country, and the Uzbek school of this type of sport is world famous, - says Bahara Hamdamova, executive director of the regional gymnastics federation. - At the moment, the national rhythmic gymnastics team of Uzbekistan is lagging behind many developed countries in the Olympic Games, Asian Games and other international competitions. Of course, it is gratifying that girls from remote areas of the region

are taking a place on such a winning podium. At the moment, the importance of the work being done in our region is clearly visible in the achievements of our youth in sports. In particular, the names of Navoi rhythmic gymnasts Ulyana Trofimova, Jamila Rahmatova, who are second to none in terms of talent and potential, and enthusiasm, as well as the winners of the international tournament in freestyle wrestling, Amirbek Dilmurodov, Javlonbek Zhorakulov, Asadbek Niyazov, Ramazon Ismatov, are known to the whole world. Also, Alina Hakimova, a member of the national triathlon team, won one of the top positions in the prestigious competition held in Thailand. Their worthy followers are also participating in prestigious international competitions and achieving great victories. It is commendable that the achievements of our rhythmic gymnasts, which are expanding year by year, are increasing. In 2003-2014, a total of 82 sports facilities were built and commissioned in our region at the expense of the Children's Sports Development Fund. 71 of them are in rural areas and these sports facilities were provided with 120 types of sports equipment and equipment worth 3 billion 227 million soums. In particular, children's and teenagers' sports school specialized in water sports belonging to the department of methodical provision and organization of activities of public education institutions of Navoi city is included among such facilities. Currently, more than 400 Navoi boys and girls are improving their skills in the indoor swimming pool of the school. - Our school is equipped with a swimming pool with all amenities, all necessary sports equipment and supplies for young athletes, - says BO'SM director Askar Umarov. - That's why our place is full of boys and girls of different ages who love swimming every day from morning till night. Recently, in the village of "Uchtut" of the Navbahor district, a new sports complex with conditions no less than those of the city was commissioned. Here, 524 students of the 15th children's and teenagers' sports school had the opportunity to engage in sports such as wrestling, rhythmic gymnastics, table tennis, and judo. There are 5 national champions of the country in wrestling, - says the director of the sports school, Azamat Jumanazarov. - The launch of the new complex was an opportunity, especially for young people who spend a lot of time and money on the way to the regional center. It should be noted that today the development of sports in the region, there are all conditions for achieving high results in the world arenas. Our youth are actively participating in the country's championships. First of all, they are growing up as physically healthy, mentally mature boys and girls who are suitable for the country.

CONCLUSION

88 sports facilities were built by the fund in Navoi region in 2003-2015. The fact that most of them are established under general education schools creates a wide opportunity for students to regularly practice the sport they are interested in.

Currently, more than 18 thousand boys and girls regularly play sports in 14 sports schools for children and teenagers in the region. In these schools, all conditions are created for the training and education of young athletes. Special methods of working with future athletes are used under the coaching of qualified specialists. Attracting young people to sports and directing them according to their abilities requires high knowledge and experience from teachers and coaches. Therefore, the system of training of physical education teachers and sports coaches and proper promotion of their work has been improved in our country. As a result, 187 of the 536 coaches currently working in sports schools for children and teenagers in the region are women.

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